



# FLORIDA PLASTIC SURGERY

## YOUR CURRENT MEDICATION INSTRUCTIONS

### **DO NOT TAKE MEDICATIONS THAT CAN CAUSE BLEEDING**

**DO NOT TAKE ANY ASPIRIN, IBUPROFEN AND RELATED MEDICATIONS AT LEAST 2 WEEKS PRIOR TO SURGERY! If YOU DO NOT STOP TAKING, WE WILL CANCEL YOUR SURGERY AND YOU WILL LOSE YOUR DEPOSIT!**

#### **Common Medications that can thin your blood TO STAY AWAY FROM 2 WEEKS PRIOR TO SURGERY:**

- ASPIRIN (Excedrin)
- Oil Based Vitamins and Supplements- Fish/ Krill Oil, Vitamin A/D/E, and Garlic Tablets.
- Blood thinners- Coumadin/Warfarin, Plavix, Xarelto
- IBUPROFEN
- Naxoprofen (Naprosyn, Aleve)

**Tylenol is the only non-prescription pain medication that is OK to take before surgery.**

**If you have taken aspirin please notify the office immediately. Your surgery may be cancelled.**

**PLEASE DISCUSS ALL CURRENT MEDICATIONS WITH YOUR SURGEON TO DETERMINE IF THEY NEED TO BE STOPPED.**

**\*\*\*YOU WILL NEED TO STOP ALL VITAMINS, AND HERBAL SUPPLEMENTS FOR 7 DAYS. THE DAY BEFORE SURGERY AND THE DAY OF SURGERY, you may continue them 7 days after your surgery \*\*\***

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Name (print)

Signature

Date

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Staff Name (print)

Signature

Date